

Organisation	What they Do	Contact Number	Website
Family & Domestic Violence			
1800 RESPECT	24 hour confidential telephone and online support	1800 737 732	https://www.1800respect.org.au/
Family Relationship Online	Information and advice on family relationship difficulties, going through separation, parenting arrangements and dealing with family and domestic violence.	1800 050 321	https://www.familyrelationships.gov.au/talk-someone/advice-line
Family Violence Law Help	Family violence law help is a national website for people wanting to understand domestic and family violence, the law and where to get help.	1800 737 732	https://familyviolencelaw.gov.au/
MensLine Australia	MensLine Australia is a telephone and online counselling service offering support for Australian men anywhere, anytime.	1300 789 978	https://mensline.org.au/
White Ribbon Australia	White Ribbon Australia is working to eliminate gender violence	08 6370 0600	https://www.whiteribbon.org.au/
Legal Support			
Legal Aid	Can provide advice on intervention orders, family law and civil / credit and debt matters. Find a legal aid commission		https://www.nationallegalaid.org/
Women's Legal Services Australia	Women's Legal Services Australia is a national network of community legal centres specialising in women's legal issues		https://www.wlsa.org.au/ or http://www.familyrelationships.gov.au/
Financial and Debt Issues			
National Debt Helpline	Offers independent financial counselling to help tackle your debt problem.	1800 007 007	https://ndh.org.au/
Way Forward	Helps people facing long term hardship.	1300 045 502	https://wayforward.org.au/
Money Smart	Help finding a financial counsellor near you		https://moneysmart.gov.au/managing-debt/financial-counselling
Advice and Support Services			
1800 ELDER Help	A free call phone number that automatically redirects callers seeking information and advice on elder abuse to a phone line service in their jurisdiction.	1800 353 374	
National Seniors Australia	Independent voice for older Australians	1300 765 050	https://nationalseniors.com.au/
Relationships Australia	Provides counselling services, mediation and family dispute resolution services	1800 364 277	https://relationships.org.au/
Beyond Blue	Provides support to Australians suffering from depression, anxiety or other mental health issues	1300 224 636	https://www.beyondblue.org.au/
Lifeline	Provides crisis support services	131 114	https://www.lifeline.org.au/
Headspace	Information and support about mental health challenges		https://headspace.org.au/
National Disability Service	A voice for disability and services		https://www.nds.org.au/
National Gambling Hotline	Support for anyone affected by gambling	1800 858 858	https://www.gamblinghelponline.org.au/